



# STANDARD OPERATING PROCEDURE FOR *Conducting Sports Competitions in NDRF*

National Disaster Response Force  
Government of India



# Foreword

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Protecting and rescuing the disaster victims when their lives are threatened while being trapped in any emergency by the responders of the NDRF require great courage, endurance and professionalism on the account of risking their own lives in extreme circumstances. The Nation has great expectation from the NDRF in the successful execution of the 'Humanitarian Assistance and Disaster Relief' (HADR) operations when the lives of ours' countrymen are endangered.

Sport is critically important to the morale, welfare and operational effectiveness of NDRF personnel. Sports make a vital contribution to ameliorate the operational capability of the NDRF. Active participation in sports will facilitate the responders in learning to work in teams, develops as individual and helps in quick decision making. It promotes self-discipline, esprit-de-corps and raises standard of fitness and endurance. It brings out best in the people and stimulates the hunger to win on the field as well as on the operational field. Hence, sports competitions amongst Battalions (Bns) of the NDRF should invariably be conducted for healthy growth of the organization annually.

It should be the aim of all Commanders of different levels, to take a personal and active interest in playing and organizing games in the Units/Sub-Units and to encourage the true spirit of sportsmanship in every way. They might gain an insight into the true character of their men which will at the same time develop in themselves power of leadership, which are essential to the success, in HADR operations. Infact, playing in the true sportsman spirit should be encouraged and emphasised. Use of any unfair mean to win should strictly be discouraged being true sportsmen. The purpose of this SOP is to establish the procedure for smooth conduct of the sports competition for generating the sense of competitive spirit amongst all the Bns & Sectors of the Force. There should be great competition, but there should also be tremendous camaraderie, respect and sportsmanship shown between all Battalions of NDRF.

I am confident that this SOP would prove very useful for all Battalions, Sectors and Trg Branch HQ NDRF to ensure smooth and efficient conduct of Inter-Bn Competitions. I would also like to exhort upon all Field Commanders to organise sports competitions with the other humanitarian agencies also such as SDRF, Civil Defence & Home Guards etc. located in the AOR of the Units/Sub-Units which would facilitate in synergising better relations with them for overall operational gain. The SOP is guideline and shall be reviewed periodically, therefore, all users are encouraged to suggest changes to HQ NDRF, New Delhi which would be incorporated into future edition of this SOP.

# STANDARD OPERATING PROCEDURE FOR CONDUCTING SPORTS COMPETITIONS IN NDRF

## 1. INTRODUCTION

- a. Our citizens have great hope on the NDRF that these responders shall be safeguarding, protecting and rescuing them in case when they will be trapped in any life threatening emergencies by risking their lives in extreme circumstances when called upon to do so with great courage and professionalism.
- b. Sports make a vital contribution to the operational capacity of the NDRF. It helps responders to work in teams, develop as individual and helps in quick decision making. It promotes self discipline, esprit-de-corps and raises standard of fitness and endurance. It brings out best in the people and stimulates the hunger to win on the field and on the operational field. Hence, sports competitions amongst Battalions (Bns) of the NDRF should invariably be conducted for healthy growth of the organization annually.



## 2. AIM:

To frame SOP for conducting sports competitions.

## 3. PURPOSE:

The purpose of this SOP is to establish the procedure for smooth conduct of the sports competitions for generating the sense of competitive spirit amongst all the Bns & Sectors of the Force.

## 4. SCOPE:

- To define a “Standard Operating Procedure” for smooth conduct of sports competitions in the NDRF.
- The SOP applies to all elements of the Bns, Sectors & HQ NDRF who shall be participating and involved in conducting the sports competitions.

## 5. RESPONSIBILITIES:

### a. Organising Committee:

It shall be the responsibility of the Chairman as well as the members of the duly constituted committee who shall be responsible for smooth conduct of the sports competitions, to ensure that all aspects of this SOP are adhered to in the letter and spirit.

### b. Battalions:

It shall be the responsibility of all the Unit Commandants to prepare their teams in various sports for which sports competitions shall be held under the direct supervision of duly constituted organizing committee.

## 6. METHODOLOGY:

The "Inter Battalion Sports Competitions" shall be organized by respective Bns under their supervision which shall be completed by December, every year. However, overall supervision will be done by HQ NDRF.

## 7. DISCIPLINES FOR SPORTS COMPETITIONS:

There is requirement of laying down optimum strength of various teams in commensuration to the requirement of that particular event as well as considering the strength/manpower to be controlled, requiring intensive practice etc. Accordingly, discipline wise strength of teams shall be as under:

Sr. No.	Discipline	Coach	Player
i.	Athletics	02	25
ii.	Basketball	01	10
iii.	Cross Country	01	16
iv.	Football	01	16
v.	Handball	01	10
vi.	Hockey	01	16
vii.	Kabaddi	01	12
viii.	Volleyball	01	10
ix.	Swimming	01	



## 8. FOR SMOOTH CONDUCT OF THE SPORTS COMPETITIONS, FOLLOWING GROUPING OF DISCIPLINES SHOULD BE DONE FOR ORGANIZING AT SUITABLE VENUE:

- a. Athletics and Cross Country
- b. Basketball, Kabbadi, Handball and Volleyball
- c. Football and Hockey
- d. Swimming

## 9. GUIDELINES FOR CONDUCTING SPORTS COMPETITIONS:

Following guidelines shall be adhered to by all concerned:

### a. Inter-Battalion Sports Competitions:

- i. Unit Commandant to select teams of various disciplines after conducting Inter-Coy Competitions well before the commencement of Inter Battalion Competitions. Inter-Coy Sports Competitions shall be conducted at Bn HQ under direct supervision of Unit Commandant.
- ii. Directorate (Trg & Ops) HQ NDRF shall plan and circulate "Annual Sports Calendar" for Inter-Bn Sports Competition of NDRF by the 31st January each year. It shall be ensured that all sports competitions are completed by 31st Dec., each year.
- iii. The Battalions which are earmarked to host particular event(s) shall circulate "Administrative Instructions" of the Sports Competition 30 days before the commencement of the competitions.
- iv. HQ DG NDRF to detail an organizing committee of following composition for conducting sports competitions in fair, impartial and co-ordinal manners:

## Composition of Organising Committee

**Presiding Officer** : Commandant of Local Battalion

- Members** :
- i. One DC from other Bn of Sector.
  - ii. One AC from other Sector.
  - iii. One Inspector from other Sector.



- iv. While detailing organizing committee, preference shall be given to those officials who are either from sports background or are competent to conduct sports competitions in a judicious manner.

- v. Organizing committee shall be tasked additionally to select the best players for NDRF teams.

**b. General Instructions:**

- i. Overall responsibility of maintaining command and discipline should be vested with the local Unit Commandant.
- ii. All Unit Commandants shall give running trophies to the winner and runner up teams in the Inter Coy Sports Competitions. Similarly, the winner and runner up teams in the "Inter-Bn Sports Competitions" shall also be awarded with the running trophies under the arrangement of organizing Battalion.
- iii. While conducting various sports competitions, the concerned organizing committee shall refer International Rules & Regulations of concerned sport in case of any dispute.
- iv. Host Bn shall ensure that all sports competitions should be conducted with full pomp & show of Force along with full element of entertainment.
- v. Host Bn to ensure that civil dignitaries/local sports personalities shall be invited during the sports competitions.
- vi. Wide media coverage should be arranged by local Battalion during the sports competitions.
- vii. On the occasion of "Raising Day of the NDRF", one trophy shall be awarded to the Bn which shall secure over all first position in all the disciplines.
- viii. The instructions contained in the SOP shall remain subject to periodic review.
- ix. Where applicable, upto semi-final level matches shall be conducted on knock out basis and teams for final match will be selected on round robin league basis.
- x. This SOP is a living document and shall be subjected to periodic review in future on the basis of lessons learnt.







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